



Republic of the Philippines  
**Department of Education**  
Region VI – Western Visayas  
**SCHOOLS DIVISION OF CAPIZ**

02 FEB 2026

**DIVISION MEMORANDUM**

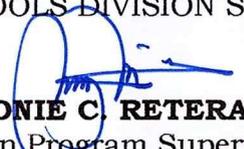
No. **060** s. 2026

**2026 NATIONAL TOOTHBRUSHING DAY (NTD) AND SIMULTANEOUS ORAL HEALTH DRILLS GUIDELINES**

To: Assistant Schools Division Superintendent  
OIC-Chief Education Supervisors  
Education Program Supervisors  
Public Schools District Supervisors  
Heads of Public Elementary, Secondary and Integrated Schools  
All Others Concerned

1. Attached is **Memorandum DM-OUGOPS-2026-08-08371** from Malcom S. Garma, Undersecretary for Governance and Operations dated January 22, 2026, regarding the **2026 National Toothbrushing Day (NTD) and Simultaneous Oral Health Drills Guidelines**, which is self-explanatory.
2. Immediate dissemination of and compliance with this Memorandum is desired.

FOR THE SCHOOLS DIVISION SUPERINTENDENT:

  
**RONIE C. RETERACION**  
Education Program Supervisor – MAPEH  
In-charge of the Division

Encl.: As stated

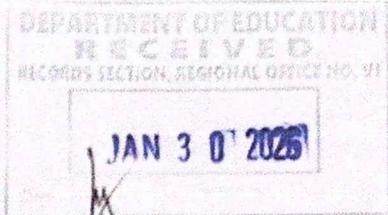
Reference:

To be indicated in the Perpetual Index  
under the following subjects:

SCHOOLS

LEARNERS

DENTAL HEALTH MONTH



Republika ng Pilipinas  
**Department of Education**  
OFFICE OF THE UNDERSECRETARY FOR GOVERNANCE AND OPERATION

**MEMORANDUM**  
DM-OUGOPS-2026-08-08371

**FOR :** REGIONAL DIRECTORS  
SCHOOLS DIVISION SUPERINTENDENTS  
PRINCIPALS/SCHOOL HEADS/TEACHERS-IN-CHARGE  
SCHOOL HEALTH PERSONNEL  
ALL OTHERS CONCERNED

**FROM :** MALCOLM S. GARMA  
Undersecretary



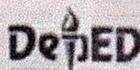
**SUBJECT :** ENDORSEMENT OF THE 2026 NATIONAL TOOTHBRUSHING DAY (NTD) AND SIMULTANEOUS ORAL HEALTH DRILLS GUIDELINES

**DATE :** January 22, 2026

The Department of Education (DepEd), through the School Health Division, formally endorses the **2026 National Toothbrushing Day (NTD)** organized by the Philippine Dental Association (PDA), Inc.. This initiative is a centerpiece of the **22nd National Dental Health Month (NDHM)** under the theme "*Dentista'y Kaagapay sa Ngiting Walang Humpay*," which aims to influence the community to prioritize oral health care in response to high dental caries prevalence rates. Pursuant to Presidential Proclamation No. 559 s. of 2004 declaring February of every year as the National Dental Health Month, all DepEd Regional Offices, Schools Division Offices, and School Heads are **encouraged to facilitate and participate in the nationwide simultaneous drills** scheduled for **February 2, 2026**. For the detailed technical requirements and procedures of this event, please refer to the guidelines attached herein as **Annex A**.

The **national kick-off ceremony** will be held at **Mabini Central School, Brgy. Pulong Niogan, Mabini, Batangas**, and will be **streamed via Facebook Live and Zoom** platforms to ensure wide participation. All elementary schools are encouraged to **conduct simultaneous toothbrushing drills at exactly 8:00 AM** on the said date, employing either dry or wet toothbrushing techniques while strictly observing standard infection control protocols. To assist in the proper execution of the drill, school health personnel may utilize the official instructional video provided by the PDA.

For further queries, please contact the Bureau of Learner Support Services-School Health Division (BLSS-SHD) at telephone number (02) 8632-9935 or via email at [blss.shd@deped.gov.ph](mailto:blss.shd@deped.gov.ph).



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