



Republic of the Philippines
Department of Education
Region VI – Western Visayas
SCHOOLS DIVISION OF CAPIZ

August 6, 2024

DIVISION MEMORANDUM

No. **441** s. 2024

TRAINING OF TRAINERS FOR PEER FACILITATORS

To: OIC, Office of the Assistant Schools Division Superintendent
Chief Education Supervisors, CID and SGOD
Public Schools District Supervisors
Heads of Elementary, Secondary, and Integrated Schools

1. Enclosed is a letter from the Provincial Health Office dated August 5, 2024 regarding the **Training of Trainers for Peer Facilitators** which is self-explanatory.
2. The list of participants to this training is found in Enclosure No. 1 for your reference.
3. Travel expenses of the participants are chargeable against School MOOE Funds subject to usual accounting and auditing rules and regulations
4. Immediate dissemination of this memorandum is desired.

FOR THE SCHOOLS DIVISION SUPERINTENDENT

LUZ U. BANSON EdD, CESE

OIC, Office of the Assistant Schools Division Superintendent
In-charge of the Division

Encl.: As stated

Reference: As stated

To be indicated in the Perpetual Index
under the following subjects:

TRAINING PROGRAMS

HEALTH EDUCATION

PARTNERSHIPS

PROGRAMS



Address: Banica, Roxas City
Contact Number: (036) 6518 456/0968-869-5867
Email Address: capiz@deped.gov.ph
Website: <http://depedcapiz.ph>



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SCHOOLS DIVISION OF CAPIZ

Enclosure No. 1 to Division Memorandum No. 441 s. 2024

No.	DISTRICT	NAME
1	CUARTERO	JENNY A. DASA
2	DAO	AILEEN L. LABAROSA
3	DUMALAG	LIBERTY MAGPUSAO
4	DUMARAO	JERICK M. BRILLO & ROD PATINGAN, JR.
5	IVISAN	MA. GIGI PADILLA
6	JAMINDAN	MARY MAR GAIL LINDO
7	MAAYON	DIVINA M. CORCINO
8	MAMBUSAO EAST	MERRYL YOUNG
9	MAMBUSAO WEST	BELINDA C. PULA
10	PANAY	EVELYN SANCHEZ
11	PANITAN	JEE ANNE SANTIAGO
12	PILAR	JENNY MAE B. TOMOGDA
13	PONTEVEDRA	PRINCESS B. DEGALA
14	PRESIDENT ROXAS	REINA R. SARTAGUDA
15	SAPIAN	ROLAINE MAE M. PRETTA
16	SIGMA	LIEZYL PONSARAN
17	TAPAZ EAST	CINDY GEVERO
18	TAPAZ WEST	MARCHE GALLENERO
19	CAPIZ NHS	MARY ANN C. OCANA
20	SDO-CAPIZ	JOANNE J. DEQUÍÑA, RN



Republic of the Philippines
Province of Capiz
Capiz Provincial Government
PROVINCIAL HEALTH OFFICE

02 August, 2024

MIGUEL MAC D. APOSIN, EdD, CESO V
Schools Division Superintendent
Schools Division of Capiz
Banica, Roxas City

ATTENTION: **JOY ARNOLD T. LEJOS, MD**
Medical Officer III

MS. JOANNE J. DEQUINA
ARH Focal Person

Dear Sir Aposin,

Greetings of Good Health!

Mental health promotion and prevention interventions for adolescents aim to strengthen an individual's capacity to regulate emotions, enhance alternatives to risk-taking behaviors, build resilience for difficult situations and adversities, and promote supportive social environments and social networks (WHO, 2020). Social support is a crucial protective mechanism against depression and anxiety across ages, domains, cultures and risk factors.

Functional support groups mitigate the end effects of mental health problems among the youth. Youth support groups managed by a trained peer facilitator provide an avenue for the youth to share and arrive at solutions together to frequently encountered issues and concerns in their life stage, and receive the perceived psychosocial support from their peers.

In order to capacitate our peer facilitators, the Capiz Provincial Health Office will be conducting a live-in **Training of Trainers for Peer Facilitators on AUGUST 7-9, 2024 at Circulo Convention Center, Pueblo de Panay, Roxas City.**

In line with this, we would like to invite Ms. Joanne Dequina and 19 Adolescent Reproductive Health (ARH) focal person to attend the said training.

For any queries, kindly contact Mr. Jay B. Agarrado our Mental Health Program Manager at 09171250438 and Ms. Jasmin Gallaza-Rabe, RN, our asst. DRRM-H Manager at 09163250302.

Hoping for your positive response on this request.

Sincerely yours,

RAMON ALEX T. NOLASCO, MD, MPA
Provincial Health Officer II

Armando Boulevard, Barangay Inzo Arnaldo Village,
Roxas City 5800 Capiz
Landline Number: (036) 6216598
Email Address: phocapiz2012@gmail.com

ISO Certified Local Government Unit
Certificate Number QMS/15/R63/0365